



ABILITY LEADERSHIP PROGRAM

The Ability Leadership Program (ALP) is an innovative peer-led education program designed to empower advocates and allies within the disability rights community.

This is a new program funded by the Commonwealth Council on Developmental Disabilities.



The Ability Leadership Program is an online educational and professional development program. It prepares Leaders to engage in collective advocacy through:



Peer-facilitated, virtual group education focused on advocacy and leadership



Online meetings for skill practice and networking



Story crafting and sharing as a part of being a leader advocate



Resources for advocacy planning and leadership development

SCAN THIS QR CODE
WITH YOUR PHONE TO
ACCESS APPLICATION



ALP started everything for me! ALP empowered me to dream big. There is so much work to be done. Thank you for helping me realize my power in leadership and advocacy work!"

-ALP-NC Graduate



Who can apply for the Ability Leadership Program (ALP)?

- Adults with an intellectual and/or developmental disability (IDD)
- People who identify with the lived experience of disability
- Family members or caregivers of persons with lived experience
- In-field professionals supporting people with IDD

What will I learn in the program?

- We discuss different types of advocacy (self, collective, peer and systems).
- We talk about how important advocacy and leadership are in the disability justice movement.
- We discuss and practice the different steps and skills that we use when we advocate.
- We learn how to map and share our stories effectively so we can engage in personal and collective advocacy.

Who is facilitating the Ability Leadership Program (ALP)?

- ALP is a new advocacy education program for people in Kentucky. It is funded by the Commonwealth Council on Developmental Disabilities.
- They are working with Centered Resources to learn how to implement ALP.
- Centered Resources is the group that facilitates the Ability Leadership Program in North Carolina. **You will be receiving emails about the cohort from info@CenteredResources.com.**
- Centered Resources will be facilitating this first ALP Leader Cohort in Kentucky.

We are currently accepting applications for Fall 2026.

- **Applications are due by 5pm EST on Friday, September 25th.**
- Selections will be announced Wednesday, September 30th.
- The application is an online Google form. If accommodations are needed, please email us at info@CenteredResources.com.

Link to Fall 2026 Application:

<https://forms.gle/9fe8GhBAHZUCqWhY7>

SCHEDULE FOR FALL 2026

ACTIVITY	PARTICIPATION	DATE	TIME (EST)
Leader Orientation	Live Webinar	Wed, Oct 14	11am - 12pm
Session A Large Group Session	Live Webinar	Wed, Oct 21	9:30a - 1:30p
Small Group Learning Team Meeting 1	Live Webinar	Wed, Oct 28	12 - 1p
Session B Large Group Session	Live Webinar	Wed, Nov 4	9:30a - 1:30p
Small Group Learning Team Meeting 2	Live Webinar	Wed, Nov 18	12 - 1p
Session C Large Group Session	Live Webinar	Wed, Nov 25	9:30a - 1:30p
Small Group Learning Team Meeting 3	Live Webinar	Wed, Dec 2	12 - 1p
Session D Large Group Session	Live Webinar	Wed, Dec 9	9:30a - 1:30p
Large Group StoryShare and Graduation	Live Webinar	Wed, Dec 16	11:30a - 1:30p

ALP is a collaborative initiative administered by:



The Commonwealth Council on Developmental Disabilities is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$1,195,270 with 84 percent funded by ACL/HHS and \$192,300 and 16 percent funded by non-federal-government source(s). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.